

**SUPERF THAT SL YOU DO**  
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**GET A BRIGHT SMILE**  
**YOUNG LOOKING EYES—**

TRUE BEAUTY

**Rx Beauty Updates, Fixes & Finds**



From left: Katherine Cosmetics K'Sport Lip Protection Gloss in Swing (\$24, katherinecosmetics.com), Jouer Lip Sheer in Tatum (\$24, Nordstrom), Soria Kashuk Satin Luxe Lip Colour in Peachy Pink (\$10, Target).

**MAKEUP SMARTS**

**Give Lips Some Colorful Coverage**

With almost no melanin, the skin on your lips needs a lot of sun protection. So we're happy that many richly tinted balms, glosses, and lipsticks are now packing serious sunscreen. See our top picks, above, all with at least SPF 15 built right into the formula.

**STUDY BUZZ**

**Why Fish Eggs Are Food for Your Face**



Their tiny eggs exfoliate and hydrate.

New research is kicking off a sea change in skin care: Serums and creams with hydrolyzed roe faded brown spots and plumped up fine lines with less irritation than low-dose glycolic acid, according to the American Academy for Anti-Aging Medicine. The ingredient contains an enzyme that dissolves dead skin and rehydrates for smoothness without the sting. Reach for Restorsea Revitalizing Eye Cream (\$85, restorsea.com, left) or Perricone MD Blue Plasma Cleansing Treatment (\$39, perriconemd.com).



**WORTH TRYING**

**Your New Dead-of-Summer Moisturizer**

You should moisturize even in humid, sweaty weather, says Mona Gohara, M.D., an associate clinical professor of dermatology at Yale School of Medicine, because a layer of cream on your skin helps keep hydration locked in. No need to smother your face with something goopy, though. Use an emulsion: With a toner-meets-serum consistency, it rehydrates in the lightest way possible. Smooth on one of these after cleansing: **Benefit Triple Performing Facial Emulsion** (\$32, benefitcosmetics.com) or **La Roche-Posay Toleriane Fluide** (\$30, drugstores).

**PRO TIP**

**Brush Shadow Here to Open Up Your Eyes**

Attention, exhausted women: This tip from makeup artist Ramy Gafni, author of *How to Fake Real Beauty*, defeats droopiness. Apply a taupe or gray eye shadow to your eyelids from the outer corners of your eyes to just before your pupils. Blend to create darkness in the area, which will visually lift your lids.

**HOW TO**



**BREAKTHROUGH**

**Show Off Those Legs!**

Varicose veins are notoriously tough to treat, but a newly approved procedure called VenaSeal aims to change that. Does inject an adhesive into veins to seal the weakened valves that allow blood to flow backward and cause bulges. Unlike lasers and surgery that involve heat or cutting, this treatment won't cause as much bruising, and there's virtually no downtime. But costs steep—it averaged \$6,000 per leg overseas.

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